



## **Chili with a Pumpkin Twist**

### **Ingredients**

**3 pounds CY'S MEAT DEPARTMENT  
lean ground beef**  
**2 cups solid pack pumpkin**  
**2 cans SHURFINE red kidney beans**  
**2 medium onions, chopped**  
**3 (15-ounce) SHUFINE cans chopped  
tomatoes**  
**2 tablespoons SHURFINE chili powder**  
**1/4 teaspoon SHURFINE red pepper  
flakes**  
**2 tablespoons SHURFINE sugar**  
**1 teaspoon SHURFINE salt**  
**2 bay leaves**



### **Directions**

- 1. In a large casserole, brown ground beef and drain off excess fat.**
- 2. Add the rest of the ingredients, stir well, and simmer over low heat for 1 to 2 hours.**
- 3. Serve with crackers or garlic bread.**